

# clarke college COURIER

October 30, 2009

dubuque, iowa

Vol. LXXXII

Issue No. Three

## Campus takes hit from flu

kylee miller  
assistant editor

As with the Dubuque community, the Clarke campus has seen occurrences of colds and flus in the last few weeks. Some students stayed in a designated isolation area on the second floor of Mary Jo Hall and others traveled home or stayed away from classes as to not infect others. Some faculty and staff members have also been ill.

Students who contracted flu-like symptoms and could not travel home are being asked to stay in the isolation area of Mary Josita Hall. Students killed time during their days in isolation by playing board games like Monopoly. Cleaning schedules were established to regularly disinfect all of the restrooms on

the second floor.

"Housecleaning schedules are being changed to focus on high traffic and common areas," said Executive Director of Communication Mike Cyze. "Regular cleaning will include surfaces that have hand contact such as door knobs, desks, key boards and counters. The college has also switched to hospital grade disinfectant for cleaning."

The decision was made to

create isolation rooms in Mary Jo to give students who

regular seasonal flu. This is simply a precautionary measure."

If students' symptoms are flu-like, they are being asked to go home or stay in isolation until they are fever free for at least 24 hours without medication. Disinfectant wipes are made available for roommates of students who are ill.

There have been several confirmed cases of H1N1 and Influenza A in the Dubuque area. Local hospitals are requesting that sick children and students do not come to the hospital. Health professionals are treating Influenza A as if it is H1N1. Symptoms include a fever of 100 degrees or higher, chills, sweating, cough or respiratory



retroyakking.today.com

were unable to travel home a living option that put them out of contact with other individuals. "Residents are being asked to self-isolate for flu-like symptoms only," said Resident Director Jill Pecoraro. "This does not mean they have H1N1 or even

continued on page 3

### opinion



College students are still scared of the dark?

### arts etc.



Three of the scariest movies of all time.

### Campus Life



How to put together a last-minute costume on a budget

### weather



Cloudy with a chance of rain  
High 50 Low 40

### They've got the Golden Tickets

brenden west  
arts etc. editor

The Campus Wide Ticket Find ended last week thanks to junior Andy Bishop and senior Jason Feldman. The roommates will see the University of Iowa take on the University of Minnesota on Nov. 21, a game that could decide whether the Hawkeyes will play for a national championship.

"We'd been searching whenever we had 15 minutes to spare," said Andy. The two were searching outside the cafeteria when Andy reached under the trophy case and discovered the tickets.

In their month-long search Jason and Andy tipped over chairs in the SAC and looked behind countless flyers around campus.

Now it's time to go black and gold. "I was never really a Hawkeye fan," said Andy. "But this is my first ever college football game. I'm definitely cheering for Iowa!"

### Clarke Twins Experience Double Addiction

VeNita and VaNessa LaNier were thrilled to have the chance to meet Dr. Drew during his appearance at Clarke Oct. 24th.

heidi rhinehart  
staff writer

Two Clarke students, VeNita and VaNessa LaNier, had the opportunity to meet Dr. Drew before his lecture at Clarke Oct. 24 in an experience that they describe as "only at Clarke."

"I remember listening to 'Loveline' with my sister when I was young, keeping it low, hoping my mother wouldn't hear the provocative show," VeNita explains. "He was always one of our idols," VaNessa adds.

The twins "ranted" to Jamie Specht, Clarke director of marketing, about how excited they were all semester about seeing Dr. Drew. VaNessa even wrote on Dr. Drew's Twitter

page the night before he came to Clarke to tell him how excited she was to see him.

Twenty minutes before the show, Specht approached the twin sophomores majoring in business and told them that Dr. Drew would like to meet them.

The twins came away from the experience with, as they both described, "permagrins."

"I told him he was a silver fox," giggled VeNita.

"I'm forever indebted to Jamie for setting up that meeting," VeNessa said.



Which NFL team will be 5-0 this weekend?

Mattea Meixner, nursing major: Vikings

Peter Esterhuizen, athletic training: Colts or giants.

Megan Chitty, nursing: Colts,

Tyler Oehmen, communication: Vikings

Katie Schmidt, business: Vikings

Jared Hill, computer science: Vikings

Kate Lauper, undecided: Vikings

Justin Haas, communication: Saints

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DUBUQUE'S got SISTERS  
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October 30, 2009



Dr. Drew makes a h  
call to Clarke

heidi rhinehart  
staff writer

Unfortunately, my mother, who clearly never loved me and should have been investigated by child services for such grievous abuse, decided that I could no

longer trick or treat after the age of 12. So, in October of 1997, I set out for my last Halloween as a trick or treater, dressed as a Stormtrooper from "Star Wars." Obviously I was a very popular and in no way socially awkward child.

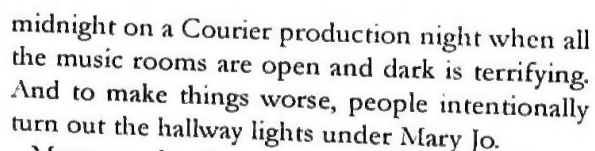
Unfortunately, as I mentioned earlier, my parents didn't love me, so my costume was rather low budget. The mask was made from the same material Taco Bell cups are made from and the rest of my

costume consisted of white sweatpants and a white sweatshirt. I did have an authentic Stormtrooper rifle, but to my extreme dismay, it was completely incapable of vaporizing anyone. I received lots of candy that night and between my brothers and Dr. Cheung's pediatric dentistry clinic was able to stay in business for the next decade, but I was so disappointed. It seemed that my favorite holiday was now just another candy-free day.

But I soon discovered that I could have fun on Halloween even without trick or treating. Throughout high school I entertained myself by designing new and elaborate ways to scare the neighborhood kids which may have backfired as the aforementioned kids are now in high school themselves and have proven to be very accurate egg and toilet paper throwers. Then, when I got to college, I realized that all holidays, even Arbor Day, can be viewed as an excuse to get together with friends and drink large amounts of um, diet soda. And Halloween is the best of these because you can show up at someone's house with a ski mask and a machete and not have to spend the night in a jail cell.

So what I said in elementary school is true to this day. Halloween is my favorite holiday, just for different reasons.

kylee miller  
assistant editor



Most people who are scared of the dark have a reason. Sometimes it's a movie you currently watched, or a prank your friends played on you, or an especially scary episode of *Buffy the Vampire Slayer*.

"I have to run up the stairs in the dark because of the movie *Thirteen Ghosts*," said sophomore Tina Zelinski. "I think the Jackal is chasing after me."

Childhood TV shows such as "Are You Afraid of the Dark," "The Crypt Keeper," "X-Files," and those Disney movies that were actually really scary can help keep people scared of the dark for all of their adult lives.

"In the Disney boogymen movie the kid was only safe if he kept his blankets over his head," said sophomore Sam Tra-sou. "I've had to do that when ever I get scared."

And why do recent horror movies have to have weird shaped, odd moving, and pale monster things like in "The Decent"? At least I could tell myself that the wolf man might be wearing a mask like in "Scooby Doo," but these new creepy things could be real.

Mentally I know that Bloody Mary probably will not come out of my mirror and kill me, but killer children coming out of a cornfield? That could happen! "At least in most horror movies you can fight back," said Trasou. "But in something like 'The Exorcist' you're pos-

sessed and can't do anything."

Junior communication major Heather Jansen believes that college students can overcome these fears. "Really, I just think that college kids psych themselves out. They think too hard and let their imaginations run wild."

During this Halloween season filled with horror movies and pranks, Clarke students should keep their imaginations in check. And if all else fails, pull those covers up and remind yourself that it probably couldn't happen...you hope.

**Y**ou just watched the scariest horror movie ever and now you have to walk all the way from the parking lot to your dorm room through the dimly lit hallways of Clarke. The stories you've heard about Clarke being haunted don't help, and when you finally get to your room, you have to sprint and jump into your bed in the dark.

We've all had it: The totally irrational fear that something or someone is going to come after you at night takes days to go away no matter how old you are, but some people are terrified on a regular basis.

"I sleep in a cocoon under my blankets and none of my limbs can hang off over the bed," said freshman Mary Collier. "I'm scared that two skeleton hands are going to reach out from under my bed and drag me under in the middle of the night."

During the first week of school, Mary called me because it was late at night and she was walking outside by herself and was scared of being followed. This may seem extreme, but I have done the same thing. Walking through Eliza Kelly after

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The Courier is a student-produced newspaper for the Clarke community. Opinions expressed herein do not necessarily reflect the opinions of the faculty, staff, or administration of the college. The Courier welcomes input from members of the Clarke community. Please send comments to MS 1801, Clarke College. Letters must be signed and may be edited for content and length.



# CAMPUS LIFE

3

October 30, 2009



Jessica Lange, senior nursing major, poses with Dr. Drew during his appearance at Clarke.

## Dr. Drew makes a house call to Clarke

heidi rhinehart  
staff writer

Dr. Drew Pinsky, host of the radio call in program "Loveline" and star of the VH1 show "Celebrity Rehab with Dr. Drew", is passionate about what he does as the Clarke campus saw last Saturday during his Mackin Mailander Lecture on addiction.

Dr. Drew, expert on addiction medicine, took the crowd through the journey of addiction: what it is, why it happens, what to do to fix it. Using examples from the 10,000 plus patients he has treated throughout his life, the biology behind addiction, and questions from the crowd, he painted a portrait of the often misunderstood disease of addiction.

Addiction, according to Dr. Drew, is 60 percent genetics and 40 percent trauma. Both the addiction and trauma need to be treated in order for the disease to be under control. "If you take anything from this presentation, let it be broken motivation. That's what causes addiction," Dr. Drew clearly put.

Addiction is caused by a change in the drive system. He compared addiction to Audrey II from the musical "The Little Shop of Horrors." Once the motivation and drive is switched from a healthy medium to a drug, the addict cannot stop.

Recovery, Dr. Drew explained, is reestablishing the emotional state. The addict needs to be taught that closeness is possible, that it is a good thing compared to "trying to manage the unmanageable."

During the Q & A session, Dr. Drew tackled the audience's specific questions about addiction and different drugs. Dr. Drew's position about drugs became clear as

the session went on.

"People say 'Nature intends us to use pot' because we have receptors for it," Dr. Drew said in response to a question about cannabis. "We have opium receptors. Does that mean nature intends us to use Oxycontin?"

He discussed the cultural acceptance of medicine as a cure all. "We pour medicines on psychotic patients," he explains. "However, these medicines are dangerous. Just giving that (depression) a pill doesn't do it."

He went on later in the Q & A to say, "Give an addict drugs; they are the best patients on earth. But they won't stay sober."

Throughout the Q&A, addicts in the crowd asked Dr. Drew specific questions about their disease. In one of the most moving moments of the night, a young man stood up and invited Dr. Drew to the Narcotics Anonymous meeting going on that night in Dubuque. The addict went on to say that Dr. Drew inspired him to seek treatment. In response, Dr. Drew said, "You propel me forward to another day of work."

As the lecture came to an end, Dr. Drew left the crowd with an insight into the motivation for his involvement in addiction medicine. "I have been privileged to see the miracle of recovery," he said. "There is nothing else in medicine where you begin with a diseased human and make them a better person than they were....Me talking up here is empty without the individuals who went through it. Thank you."

## Hunger banquet humbles diners

jessi crain  
contributor

Clarke students, faculty, and staff joined together last Monday to participate in Clarke's 2nd annual Hunger Banquet. Participants were able to experience the imbalance that exists in the world today by drawing tickets that randomly assigned them to high, middle, or lower income level based on the latest statistics about the number of people living in poverty.

"It was very humbling sitting on the floor and eating with my hands because silverware is normally a given for me," said senior Spanish major Regina Neenan, who was

given a small portion of rice and water to correspond to her low-income status.

The 15 percent of diners in the high-income level were served a satisfying meal on real plates with real silverware. The 35 percent in the middle-income level ate rice and beans on paper plates with plastic silverware.

You really don't know what you've got until it's gone. Something simple like eating with a fork is a luxury that so many people don't have," said freshman communication major Erin Daly.

Math professor Sean Bradley said, "It is good to

be reminded the rest of the world just doesn't have as much as what we take for granted in the United States. After I got home from the Hunger Banquet, my daughter asked which group I was placed in. I told her 'middle income'."

"She said, 'Oh, just like us.' I had to explain that middle income worldwide is really between \$1,000 and \$10,000. That caught us both by surprise. What we consider 'middle class' in Dubuque is 'very wealthy' to the vast majority of people in the world."

## Flus on campus continued from page one

distress, runny nose, body aches and headaches.

Athletes who are experiencing these symptoms are not allowed to travel, or if they develop these symptoms while on a road trip, they are required to wear a mask until they return home. Twenty athletes have been out due to illness. Six male soccer players have been unable to practice or travel. "It has been very difficult to plan practice sessions and work on maintaining fluid play," said coach Sean Esterhizen. "Playoffs are just around the corner and we're barely able to field a men's team."

The men's volleyball team is short 11 of 21 players. With their first pre-season tournament on Oct. 31, players are expected to attend open gyms and workouts if possible.

"Our student-athletes were strongly encouraged to seek guidance from the Health Center at the first sign of sickness," said coach Kris Dorn. "We released players from workouts so they could get sufficient rest. Several were moved to the isolation wing or sent home."

With exams and major papers and projects looming, students are less inclined to miss classes or stay home. "I can't get behind in my classes," said freshman Mary Collier. "If I were sick, I'd still go". Students can continue to monitor updates at [www.clarke.edu/flu](http://www.clarke.edu/flu) and in their Clarke e-mail. Health services will host a seasonal flu vaccine clinic on Nov. 12 in the Gallagher Lounge from noon-4 p.m. and will cost \$24. Health Services will notify the campus when the H1N1 vaccine becomes available.



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Sisters of Charity, BVM  
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Sisters of the Presentation  
Carla Popes, PBVM  
[vocations@dubuquepresentations.org](mailto:vocations@dubuquepresentations.org)

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ow out of

assessed and can't do anything." Junior communication major Heather Jones believes that college students can overcome those fears. "Really, I just think that college kids put themselves out. They think too hard and let their imaginations run wild." During this Halloween season filled with horror movies and pranks, Clarke students should keep their imaginations in check. And if all else fails, pull those covers up and remind yourself that it probably couldn't happen...you hope.

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# CAMPUS LIFE

5

October 30, 2009

## Costumes on the Cheap

tina fry  
campus life editor

It's happened before and it'll happen again: Every Halloween too many people realize at the last moment that they have forgotten to get a costume. For college kids, it's much worse (there's the whole budgeting thing). Most just give up or go for a play on words (aka "chick magnet" and attach fake chickens to their clothes). What the majority of students fail to notice, however, is that, in the average closet, there is a wide variety of inexpensive yet unique costumes that can be created in minutes!

Celebrity or character costumes are very popular right now. One costume would be Monk, from the TV series "Monk." All that is needed is a suit or a blazer and a tendency to fret over tidiness and germs. For women, Bella from "Twilight" is fairly simple: Mussed long brown hair, a pale appearance (compliments of white powder) and a plaid shirt will do the trick.

Another idea would be Dr. House, from the FOX TV show "House MD." Needed for this: eyeliner (when smudged on, makes a convincing 5 o'clock shadow), empty pill bottle with label "VICODIN," cane (or limp, if no cane can be found), jeans and a band T-shirt. A certain level of sarcasm is also recommended.

Kanye West is getting old, but he can easily be pulled off. Sunglasses and a fake mic are all that are required. Works well in conjunction with a Taylor Swift costume, but, with impeccable timing, Kanye can ruin the spotlight for any other costume by interrupting at important moments.

The most entertaining costumes seem to be ones that are completely new and thought up on your own. Simple props can take on a life of their own for Halloween. An unused pizza box, pad of paper, baseball cap and name tag transform one into a pizza delivery person. Other professions offer a number of unique interpretations, a truck driver, for example. The only items needed to embody this job are a baseball cap (the dirtier the better), large belt, slightly wrinkled oversized shirt, pair of jeans and a pair of boots. CB lingo is optional. A wide variety of news superhero costumes with customized powers are always fun



Senior Jessica Lange dressed as a hot dog for annual Halloween Pancake Breakfast. Photo by Tina Fry.

(ex. holding an empty can of coffee and a mug while having a crazed look on face makes anyone "The Caffeinator," a new hero who brings energy to the masses).

When all else fails, embodying chaos is a popular thrown-together costume. This can be achieved by mixing and matching contrasting shirts, pants and accessories. Props and wacky clothes make the outfit work.

When it comes down to it, the main point of Halloween costumes is to explore what you enjoy and what you have to work with. Nobody will remember the umpteenth person seen wearing a vampire costume, but not a single person will forget a costume only worn by one person: you.

## Dia de los Muertos comes to Clarke

kylee miller  
assistant editor

Dia de los Muertos, "Day of the Dead," will be celebrated on campus this year during Halloween week. The holiday is a celebration for Latin Americans in the United States and regions of Central America on Nov 1 and 2. The holiday focuses on gatherings of family and friends to pray for and remember friends and family members who have died.

"This holiday is special because it's a time to remember the lives and memories of your deceased loved ones, and celebrate the time they had here on earth with you," said sophomore Claudia Jaramillo.

On Monday, Oct 26, the Latin American Student Organization (LASA) and the Spanish department set up a traditional altar in the SAC. Students were encouraged to leave messages for their deceased loved ones on a memory board near the chapel.

"Every year we try to change some of the activities that we include based on the interests and abilities of those who are involved in the planning," said Evelyn Nadeau, assistant Spanish professor. "Claudia knew of a memory book in which messages to those who have died can be left. She spoke to Sister Amy Golm about incorporating this into Campus Ministry's recognition of All Souls Day."

Claudia also added, "My favorite part is celebrating the life of those who made an impact on my life like my paternal grandma, my aunts, and my dog." Other events include a showing of "La Muerte Viva" on Thursday and sugar skull decorations on Friday. Students can also make traditional candy earrings and wristbands.

On Nov 2 at 4 p.m. there will be a discussion in the SAC for all students to enjoy.

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## Clarke athletes trick or treat for kids

samm mammoser  
staff writer

The Clarke men's volleyball team and women's soccer team say they had a great time when they dressed up in their Halloween costumes to volunteer at the National Mississippi River Museum and Aquarium on Sunday, Oct. 25. Volunteers handed out candy to the children who walked through the "spooky" boat (The William M. Black) with their families. The trick or treating path curled through the boat decorated with skeleton heads, spider webs, and ghosts.

"I was just going to volunteer because it was mandatory for the team but it ended up being a great time," freshman communication major Tyler Oehmen said. "Jeremy Deweerdt's Obama costume was the best one I saw all night. I had a great time working with the little kids and they loved my Darth Vader costume. I hope next year I can go back and volunteer again."

Joe Kosciw, freshman biology/ physical therapy major from the men's volleyball team, said, "I learned that all the kids in Dubuque really like candy. I had a great time working with them and volunteering. I cannot wait for next year to go back and help the children next fall. It was really cool to give back to the community."

The women's soccer team enjoyed volunteering as much as the men's volleyball team. "I chose to volunteer because it was a team-required activity but the experience was better than any I could have expected," said freshman athletic training/ physical therapy major Jordan Palmer. "Handing out candy to the children was really rewarding and I loved their cute costumes. I am going to suggest that the women's soccer team returns next fall to help out again."

Senior psychology major Becca Bradford said, "As a team we feel that it is important to be active in the community. The town of Dubuque is supportive of Clarke and we wanted to give back to show thanks. Volunteering for the trick or treating event was a fun way to give back. The kids were having a great time. It feels good to help out others."



October 30, 2009  
Sheilds break:

**Forty-eight kills in the Ashford U**  
**into the 1,000 kills club on Oct.**  
 Clarke women's volleyball team  
 "She had no idea that she had achieve  
 Chris Miron. "The fact that she isn't  
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 play is the first woman in Clarke h  
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"I think this shows that Ashley is a go-to player," said setter Tina Zielinski. "As a team we support her accomplish-

Shields has also won many all-tournament awards. This year she won at the Dominican University Tournament and UW-Lacrosse Invitational. In addition she maintains a high GPA as a nursing major.

the biggest stages in boxing today. However, the most exciting part of the game is the legacy mode. In this mode players are able to create their own fighter. Along

with this feature, different brands of boxing equipment are also available: brands such as Everlast, Grant, Lonsdale, and Nike are

but at times become difficult to complete resulting in a low score. Another problem that many fans are having is the control buttons that at times frustrate the player. When throwing punches or blocking, the player has to use the analog controls, and while it is a new way to control your punches, at times the boxer doesn't throw the punch you expect and that can result in getting stunned by the opponent or knocked out. Finally, the biggest nuisance of the game is that in Legacy mode there is not much to do but train, fight and schedule your next opponent. This can make the game boring and repetitive.

Overall- "Fight Night Round 4" is a game that boxing fans and casual gamers can enjoy, with numerous options for creating the perfect fighter and moving up in different weight classes the game can be entertaining for hours. This is the best boxing game out now, that is until round 5 is created.

Shields has also won many all-tournament awards. This year she won at the Dominican University Tournament and UW-Lacrosse Invitational. In addition she maintains a high GPA as a nursing major.

"I think the awesome passes and sets really helped me to get a thousand kills this early," said Shields.

One thousand kills is only the beginning of the conference game this year and play reaches the overall career kill mark before my team and my mom."

Score:  
9.5/10

**Megan Chitty** sports editor

For athletes playing a sport they have a passion for it can help them if they set goals to accomplish for the season. Some new clubs a few

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...majoring in  
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went to another level because as a viewer I know this could actually happen. "Saw," "Hannibal," and "Blair Witch Project" are my top three horror movies of the past decade.

end. The three end up going missing and their film and information are found one year later and turned into a movie. One of the scariest elements of this movie is how real everything is. Using hand-held camcorders and night vision settings made it really seem as though these events actually happened, even if they truly didn't. Love it or hate it, this is one of the scariest movies of the past decade, whether it was fake or not.

unfortunately, makes this movie realistic. Hannibal brings a sense of creepiness and suspense to the film simply because, as a viewer, you don't know what to expect next from him. A mixture of gore, suspense, and reality puts "Hannibal" on my list of scariest movies of the past decade.

To me a good scary movie must be believable. If I watch a movie and it has some crazy creature climbing out of somebody's stomach or a phone ringing saying, "7 days," I'm not going to enjoy it. The good ones aren't like this; instead, they have realistic scenes and situations. Simply put, scary movies need to be real to us.

...times they meet  
...those expecta-  
...while other times  
...they fall short  
...Megan Chit-  
...freshman majoring in  
...set a record for the  
...golf team by ob-  
...a score of 76 on an  
...hole course.  
...I was really happy I put  
...nine rounds together,"  
...she said.  
...prepare, Megan did  
...any other athlete  
...do. She went out to  
...driving range and prac-  
...ticed. "I had received a new  
...set of clubs and went to  
...to see the fa-  
...meets," she  
...practicing  
...clubs

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7  
October 30, 2009

# SPORTS

## Shields breaks 1,000 Kills

kylee miller  
assistant editor

Forty-eight kills in the Ashford University Invitational put junior middle hitter into the 1,000 kills club on Oct. 4. Her success reflects the teamwork of the Clarke women's volleyball team and Shields herself.

"She had no idea that she had achieved this mark," said women's volleyball coach Chris Miron. "The fact that she isn't combing over her stats and keeping track of her individual efforts is a comment about her commitment to our team concept." Ashley is the first woman in Clarke history to join the 1,000 kills club as a junior according to coach Miron. She ranks fourth on the overall ranking with 1,157 career kills, and the season isn't over. Only 13 Clarke men and women have achieved this record, four in the last five years.

"I think this shows that Ashley is a go-to player," said setter Tina Zielinski. "As a team we support her accomplishment."

Shields has also won many all-tournament awards. This year she won at the Dominican University Tournament and UW-Lacrosse Invitational. In addition she maintains a high GPA as a nursing major.

"I think the awesome passes and sets really helped me to get a thousand kills this early," said Shields. "Coming from a state team in high school, I had a lot of confidence coming in as a freshman and I think the multiple opportunities I have been given have allowed me to get this far."

Freshman Mary Collier said, "Ashley is a great person to play next to on the court. She is always positive and optimistic. She gives credit to the people who deserve it. And she loves to run crazy plays and switch positions with me in the middle of practice."

One thousand kills is only the beginning of Shields' goals. "We're going to win a conference game this year and play really well in playoffs. I defiantly think I can reach the overall career kill mark before I graduate, especially with all the support of my team and my mom."



Ashley Shields (center) along with teammates Bridget Bowman and Mary Collier points out blockers.

## Megan Chitty sets record

aaron rhomberg  
sports editor

For athletes playing a sport they have a passion for it can help them if they set goals to accomplish for the season. Sometimes they meet or exceed those expectations, while other times they fall short. Megan Chitty, a freshman majoring in nursing, set a record for the women's golf team by obtaining a score of 76 on an 18-hole course.

"I was really happy I put two nine rounds together," she said.

To prepare, Megan did what any other athlete would do: She went out to the driving range and practiced. "I had received a new set of clubs and went to the range to get the feel of the new ones," she said. The interesting part of her record-breaking score was that the

new clubs gave her trouble a few games back. For a while Megan was contemplating using her old set of



clubs. "I decided to wing it with the new clubs; I didn't think I would do well, but then I was carefree."

Another victory for the golf team was its win over both Mount Mercy and St. Ambrose. St. Ambrose is

a nationally ranked team, and Megan said that one of Coach Rick Arrington's goals was to knock off a national team. "It was great that we not only won but to have beaten a national team and do it so soon was amazing," she said.

While recognition affects people in different ways, Megan insists that she has not developed a big ego. She emphasized that by setting this record it reaffirmed her hopes for doing well.

"When I started, I was expecting to not do well, but when I got better, I was able to get my hopes up," she said. "Now I have gone back to my old expectations of trying hard and doing my best."



## Women's volleyball digs for a cure

kylee miller  
assistant editor

Clarke women's volleyball team will be digging for more than just points this Monday. The ladies will be raising money to help support the fight against cancer by digging for a cure.

This event has special significance for one particular player. Jill Severding's father was diagnosed with cancer earlier this fall. "I like the idea that we're using our service project to do something so helpful," said Severding. "Cancer is not a disease that effects just one person. It affects a whole family."

The women's team will be wearing pink uniforms when they play Ashford University in their last home match of the season. In addition they will be collecting donations throughout the week. All proceeds will go to the American Cancer Society to help find a cure. The sophomore class is also selling pink and black shirts to have a pink out during the game. Pink ribbons will line the top curtain with the names of players' friends and family who have or are recovering from cancer.

Fund raising for cancer through volleyball is not a new idea. Dig Pink is a nation wide breast cancer awareness rally held all of October to raise awareness and funds. It is run by the Side-Out foundation, which supports health care professionals in their pursuit of solutions for people living with this disease. The foundation's goal is to raise over \$1 million and to have a thousand colleges participate in a fundraising night. The National Cancer Institute estimates that one out of every eight women in the United States will have breast cancer in her lifetime.

The team played at Loras College last Wednesday at Loras' Dig Pink night and wore their pink uniforms when playing UW- Lacrosse. Lacrosse's head coach was diagnosed with cancer earlier this year.

"We conducting our service project in coordination with National Breast Cancer Awareness Month," said coach Chris Miron. "We have contacted various clubs and organizations providing an open invitation to them, asking them to join us by creating and displaying an informational bulletin board regarding cancer research information."

Any students interested in helping out can contact Coach Miron at 588-6304 or email at [chris.miron@clarke.edu](mailto:chris.miron@clarke.edu). Students looking for support or help when dealing with a family member with cancer should go to <http://www.cancernews.com/support.html>.

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October 30, 2009

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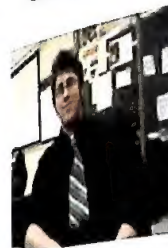
Presented by the the Dubuque Area Chamber of Commerce & Star Restaurant & Ultra Lounge. Professional (interview) attire is recommended, though not required. For questions, contact college@ypdubuque.org.



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 November 20, 2009

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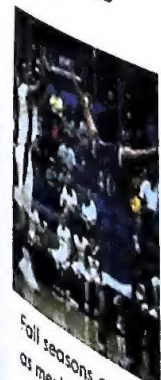
On his way out, Ben gives advice to underclassmen

arts etc.



'New Moon' premieres with boos and cheers

sports



Fall seasons ends as men's bb warms up

weather



Partly Cloudy  
 High 55 Low 40